

# JANUARY 2019

## COLCHESTER ELEMENTARY

OFFERED DAILY: Fresh and Cupped Fruit  
 Entrée Choice – Assorted Sandwiches & Salads  
 Rainbow Veggie Tray  
 Assorted Milk  
 Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> HAPPY NEW YEAR!	<b>2</b> Chicken Patty Sandwich or Fish Sandwich Oven Fries	<b>3</b> Macaroni & Cheese or Corn Dog Nuggets Mixed Veggies	<b>4</b> Cheese Pizza Steamed Carrots
	<b>7</b> Mini Maple Pancakes or Bagel w/Cream Cheese Yogurt Oven Potatoes	<b>8</b> Soft Taco w/Meat & Cheese or Cheeseburger Rice Black Beans	<b>9</b> Chicken Nuggets or Fish Sticks Noodles Carrots	<b>10</b> Hotdog w/Roll or Rib-B-Que Sandwich Sweet Potato Fries
<b>14</b> Pasta w/Meatballs Garlic Breadstick Italian Green Beans	<b>15</b> Chicken Tenders Rice Pilaf Seasoned Broccoli	<b>16</b> French Toast Sticks w/Sausage Patty Juice	<b>17</b> Grilled Cheese or Tuna Sandwich Tomato Soup	<b>18</b> Stuffed Crust Pizza Seasoned Mixed Veggies
<b>21</b> NO SCHOOL MARTIN LUTHER KING DAY	<b>22</b> Chicken Patty or Ham & Cheese Croissant Corn	<b>23</b> Macaroni & Cheese or Hotdog w/Roll Peas	<b>24</b> Popcorn Chicken Sweet Potato Fries	<b>25</b> Cheese Pizza Garden Salad
<b>28</b> Grilled Cheese or Tuna Sandwich Tomato Soup	<b>29</b> Chicken Nuggets or Fish Sticks Noodles Mixed Veggies	<b>30</b> Pasta w/Meatballs Garlic Breadstick Seasoned Chick Peas	<b>31</b> French Toast Sticks w/Sausage Links Oven Potatoes	

Lunch Prices: Full Price \$3.00 / Reduced Price \$0.40 / Milk \$0.65  
 All our grain choices are whole grain rich

Questions about the menu? Contact Fran Bysko 860-537-0717  
 Questions about Free or Reduced Meals? Contact Leanne Ranheim 860-537-9421 ext 381  
*This institution is an equal opportunity provider.*

***Did You Know? – with every school lunch, you get to select one fruit choice and 2 vegetable choices along with a milk choice. It's a great bargain for a balanced***