

Overwhelmed with a Behaviorally Challenging Child?

Colchester Youth Services and East Haddam Youth & Family Services are offering a Collaborative Problem Solving® for Adults series. CPS is a non-punitive, evidence-based approach to discipline effective in all systems including at home. This free, five- week series, sponsored by NAMI Shoreline, begins Wednesdays, April 10, 24, May 1, 8, and 15 from 6:00-8:00pm. The course will be held at the East Haddam Municipal Building, dinner and childcare will be provided. Facilitated by Divinna Schmitt, M Ed, CPS Certified. Space is limited. Registration is required by phone (860) 876-0236 or e-mail: DivinnaCPS@comcast.net.

Visit www.thinkkids.org to learn more.